

Are you experiencing digestive problems?



Heart burn, abdominal pain, ulcers, nausea, diarrhea, indigestion? Digestive problems are an epidemic in our society. Just watch TV for an evening and you'll see a parade of various drug commercials for digestive complaints. They have become so common that people have just accepted their condition as "normal" and try to learn to live with it. They soon realize that they can't "live" with digestive problems, only "suffer" from them. They then turn to the usual medical remedies and further complicate their health potential. Breakthrough studies have examined new alternatives to the treatment of digestive problems. Drs. Andrei Pikalov, M.D., and Vyatcheslav Kharin, M.D., examined the effectiveness of spinal manipulation (chiropractic adjustment) in the treatment of internal organ disorder (ulcerous disease) in a hospital setting. Sixteen men and women with confirmed diagnosis of ulcers took part in the study. The study compared the effectiveness of usual medical care to spinal manipulation, with both groups having a standard diet. The results revealed that spinal manipulation is much more effective at both reducing pain and clinical remission of ulcers. **In fact, the spinal manipulation group healed an average of ten days faster than the medical group.** This was confirmed with an endoscopic examination. Other studies on digestive problems have shown equally positive responses with chiropractic care.

How is this possible? Remember, the nervous system controls the function of every cell, tissue, and organ in your body. What do you think would happen to your digestive tract if the interference to the nervous system was removed by correcting subluxations that interfere with the performance of your nervous system? In Chiropractic, we don't treat the digestive problems; we remove the interference in the nervous system and allow the body to heal itself naturally and without side effects. This is why so many people are turning to chiropractic as part of their path to wellness. It is imperative that you maintain a healthy nervous system to retain a healthy body!

Call Kay Harris Chiropractic & Wellness Centre and schedule an evaluation, (519) 641-5995



Kay • Harris
Chiropractic &
Wellness Centre

1290 Byron Baseline Rd.
London, ON N6K 2E3
Phone: 519.641.5995
www.kaychiropractic.com